



LIMPOPO
PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

DEPARTMENT OF
SOCIAL DEVELOPMENT

HIV/AIDS PROGRAMME SERVICE PACKAGE

1. INTRODUCTION

The service package presented here is for Community Based Care HIV Projects providing services to individuals and families affected and those infected by HIV and AIDS and TB. The programme is divided into two (2) sub programmes namely: **CARE AND SUPPORT PROGRAMME AND PREVENTION PROGRAMME**

2. STRATEGIC OBJECTIVE OF THE PROGRAMME

The objective of the programme is to reduce the psycho-social impact of HIV and AIDS and TB on the infected and affected individuals and families

3. VALUES AND PRINCIPLES

3.1. Participation: Programmes are developed, implemented, and monitored with the community, thus ensuring full community ownership.

3.2. Volunteerism: Involvement of community stakeholders at an individual or group level in the activities of the programme is based on free will. No stakeholder member should feel obliged, coerced or manipulated into participating in the programme.

3.3. Non-Partisan: Political involvement or affiliation is not a determinant to participation. This programme crosses political, ethnicity, religion, gender and racial lines. The primary concern here is the well-being of individuals, families and communities affected by HIV and AIDS and TB.

3.4. Empowerment: Families and communities will be capacitated, strengthened and empowered to care for the infected and affected.

3.5. Universal Access: No means test, or any form of selection will be used to determine who will have access to the services offered by the programme. All residents of the community where the programme is established have equal access to services offered.

3.6. Partnerships: This programme does not suggest shifting of responsibility by government to families and communities. It recognizes the value of partnerships between government, communities (public) and the private sector.

3.7. Holistic: Basic services offered to the target groups will assume an integration approach, avoiding any potential segmentation, silos or duplication. Therefore the programme is not exclusively for HIV and AIDS. It is designed to offer services to vulnerable groups beyond HIV and AIDS including TB

3.8. Developmental: Basic services offered seek to empower target groups thus avoiding treating them as dependent victims into capable individuals, groups and communities that have learned through the process and can confront such adversities in future on their own in a sustainable manner.

4. DEFINITIONS

- 4.1 Community-Based HIV services** is the provision of comprehensive services, including health and social services, by formal and informal caregivers in the home in order to promote, restore and maintain a person's maximum level of comfort, function and health, including care towards a dignified death.

- 4.2 Social and Behaviour Change** -is an interactive, strategic process designed to change individual behaviour as well as the social conditions in which it takes place. An SBC approach needs a situation analysis, evidence-based strategy, development interventions and materials, monitoring evaluation and adjusting. It allows project implementers, communities and stakeholders to look at a problem from many angles to identify all the factors influencing behaviour and to work out a comprehensive set of actions and strategies to address these.

5. LEGISLATIVE FRAMEWORK AND GUIDELINES

- 5.1. Children's Act No.38 of 2005
- 5.2. Children's Amendment Act No. 41 of 2007
- 5.3. The Constitution of the Republic of South Africa No. 108 of 1996
- 5.4. National Strategic Plan on HIV, STIs and TB (NSP)2023- 2028
- 5.5. Norms and Standards for HCBC
- 5.6. Guidelines for Social Services to children infected and affected by HIV and AIDS
- 5.7. Policy Framework for OVC
- 5.8. Non-Profit Organization Act No. 71 of 1997
- 5.9. Public Finance Management Act No.1 of 1999
- 5.10 Community Based HIV Service Package
- 5.10. Social Assistance Act of 1992
- 5.11. Policy on Financial Awards
- 5.12 DS Comprehensive HIV and AIDS ,TB and STI strategy 2016
- 5.13 National Policy Framework for Orphans and Children made Vulnerable by HIV&AIDS
- 5.14 Guidelines on Psychosocial support for Children Living with HIV and Aids and other Chronic Diseases
- 5.15 Conceptual Framework on Psychosocial support for Orphans and Children made Vulnerable By AIDS
- 5.16 Social and Behaviour Change Compendium 2016
- 5.17 Department of Social Development Sector Funding Policy

6. SUB PROGRAMMES:

6.1 CARE AND SUPPORT SERVICES TO PEOPLE INFECTED AND AFFECTED BY HIV/AIDS & TB : PSYCHOSOCIAL SUPPORT SERVICES

- Conduct situation analysis on communities, families and individuals who are vulnerable.
- Conduct Home Visits
- Care and Support to people infected and affected by HIV and AIDS and other debilitating conditions.
- Early identification of children and families in need of Care and Support;
- Provision of lay counselling and referrals to address the psychosocial needs of children, individuals and families (emotional and spiritual wellbeing, trauma debriefing,
- Conduct HIV and TB risk screening during the first contact with the client
- Assist in Tracing of clients who are Lost to follow .
- Provide pre and post counselling to clients
- Referral for HIV and TB Testing
- Provide treatment adherence support to beneficiaries living with HIV and TB
- Provide disclosure support to adults and parents of children living with HIV and TB
- Establishment and facilitation of support groups_including Kids clubs, Youth Clubs, volunteer caregiver support groups, parent-children who head households etc.
- Provision of material assistance in the form of food nutrition and school uniforms and establishment of income-generating projects geared towards sustainability of the project and school uniform
- Linking families and caregivers with poverty alleviation programmes
- Facilitate access to grants.
- Provide educational support to children
- Provide life skills programmes
- Assist families in developing succession plans
- Assist children and their families to develop memory boxes and books;

- Assist families and children with documentation;
- Assist families with writing of wills
- Training of Community caregivers (skills development);
- Render outreach programmes:
 - You Only Live Once (YOLO) – Targeting the 15- 24-year-olds.
 - Families Matter Programme (FMP) – parents and teenagers communication skills.
 - ChommY – targeting 10-14 years old.
 - Boys Championing Change 15-24

6.2 PREVENTION PROGRAMME: SOCIAL AND BEHAVIOUR CHANGE PROGRAMME

The Service Package of Social and Behaviour change programmes includes the implementation of the following programmes :

1.Community Capacity Enhancement (CCE)

CCE is a mobilization model which aim at facilitating social change through awareness raising, issue-sensitization, knowledge sharing and capacity strengthening. Its aim is to enhance the dignity of individuals and families in an environment that encourages compassion, acceptance and accountability.

2. Traditional Leaders Programme

The Traditional Leaders Programme is designed to reduce social and behavioural factors driving the spread of HIV, STIs and TB in communities.

3. Men Championing Change (MCC)

The Men Championing Change Programme is a social and behaviour change initiative targeting men and boys with the goal to address the social and structural drivers of HIV, Tuberculosis and sexually transmitted infections through creating an enabling environment in which men can dialogue and inspire positive values related to sex and sexuality, instil active citizenry amongst men, and break communication barriers between men and women .

4. Families Matter Programme (FMP)

The programme aims to enhance positive parenting skills, to initiate conversation, strengthen relationships and protect children from risk and peer pressure, enhance protective parenting practices associated with reduced sexual risk among adolescents and promoting parent-child communication about sexuality and sexual risk reduction

7.ChommY programme

ChommY is a programme for children aged 10 -14 years old with the intentions to engage children on sexuality and related issues in an age-appropriate manner and intended to reduce HIV infection, teenage and unplanned pregnancies.

8. YOU ONLY LIVE ONCE (YOLO)

The overall objective of the YOLO programme for adolescents and youth is to address and mitigate against the behavioural, social and structural drivers of HIV transmission, which render young people vulnerable to HIV and AIDS, TB, STIs and unplanned pregnancy and creating a safe and enabling environment for youth dialogue, where young people can discuss HIV prevention, teenage pregnancy and gender-based violence, and positive values and decision making around sex and sexuality

9. Ke Moja

Ke Moja is a national anti-substance abuse awareness campaign aimed at improving youth/community knowledge of alcohol and drug use, and harmful effects of abuse.

7. REGISTRATION REQUIREMENTS

7.1. The NPO must register in accordance with the Non-Profit Organization Act No. 71 of 1997

8. LEVELS OF INTERVENTION

8.1. Prevention

- 8.1.1. Mobilise communities.
- 8.1.2. Implement social and behaviour change programmes
- 8.1.3. Conduct community dialogues.
- 8.1.4. Door to door campaigns
- 8.1.5. Education on services available (How, where to access)/Information ,Education and Communication

8.2. Early intervention (non-statutory)

- 8.2.1. Early identification of vulnerable groups incl. children, youth, women, People with disability and People living with HIV.
- 8.2.2. Empower family members on caregiving.
- 8.2.3. Provision of basic protection and care
- 8.2.4. House chores and laundry where necessary
- 8.2.5. Basic counselling
- 8.2.6. Provide information and education to family members
- 8.2.7. Material assistance
- 8.2.8. Assist children with school uniform
- 8.2.9. Refer OVC to Drop in centres
- 8.2.10. Provide OVC with toiletries including sanitary pads

8.3. Statutory intervention/residential/alternative care

- 8.3.1. Referrals to Social Workers for alternative care
- 8.3.2. Referral for specialized services (to Social Workers, Nurses, Community development Practitioners, Doctor, Psychologists, Priest etc).
- 3 8.3. Referrals for legal documents e.g. writing of wills etc.
- 8.3.4. Referrals to Home Affairs for vital or other documents (e.g. birth certificates, death certificates etc).
- 8.3.5. Identify eligible persons and assist access to benefits.

8.4. Reconstruction and aftercare

- 8.4.1. Youth Headed Households and primary caregivers trained and empowered with knowledge and skills in running income-generating activities.
- 8.4.2. Assist households in establishment of backyard food gardens.
- 8.4.3. Prolong and support improved quality of life of primary caregivers who are

infected with HIV or are living with AIDS.

8.4.4. Adherence support to treatment for individuals on treatment (HIV and TB patients)

9. INDICATORS

9.1 INDICATORS FOR CARE AND SUPPORT PROGRAMME

Activity	Indicator
Conduct situation analysis on communities, families and individuals who are vulnerable	<ul style="list-style-type: none"> • Number of communities assessed • Number of families identified • Number of vulnerable individuals identified per age group
Conduct Home Visits	<ul style="list-style-type: none"> • Number of households visited • Number of adults reached • Number of children reached • Number of youths reached • Number of elderly people reached • Number of disabled people reached
Provision of lay counselling and referrals,	Number of people provided with counselling and referrals,
Conduct HIV risk screening during the first contact with the client	Number of beneficiaries screened for HIV.
Conduct HIV and TB risk screening during the first contact with the client	Number of beneficiaries screened for TB.
Provide pre and post counselling to clients	Number of beneficiaries provided with pre and post counselling.
Referral for HIV Testing	Number of beneficiaries referred for HIV testing
Referral for TB Testing	Number of beneficiaries referred for HIV testing
Provide treatment adherence support to beneficiaries living with HIV	Number of beneficiaries provided with HIV treatment adherence support HIV.
Provide treatment adherence support to beneficiaries living TB	Number of beneficiaries provided with TB treatment adherence support.
Provide disclosure support to adults and parents of children living with HIV and TB	Number of beneficiaries provided with disclosure counselling.
Establishment and facilitation of support groups including Kids clubs, Youth Clubs, volunteer caregiver support group, parent-children who head household etc.	Number of support groups established. Number of beneficiaries participating in support groups
Provision of material assistance in a form of food nutrition and school uniform and establishment of income generating projects geared towards sustainability of the project and school uniform	Number of beneficiaries provided with material assistance
Provide educational support to children	Number of children provided with educational support to children.
Provide life skills programmes	Number of beneficiaries provided with life skills programmes.
Assist families in developing succession plans	Number of families assisted with succession planning
Assist in Tracing of clients who are Lost to follow .	Number of Lost to follow up clients traced and re engaged in care
Referral Services	<ul style="list-style-type: none"> • Number of children referred to Drop-In Centers • Number of families/children referred to Social Workers • Number of families/children referred to other service
Linking of families with poverty alleviation programmes	Number of families linked with poverty alleviation programmes
Assist with application for essential documents	<ul style="list-style-type: none"> • Number of clients assisted • Number of documents: birth/death certificates acquired
Establish and facilitate support groups	Number of support groups established and supported
Provide outreach programmes (YOLO, Boys Championing Change , Families Matter Programme and ChommY)	Number of beneficiaries reached through outreach programmes

9.2. INDICATORS FOR PREVENTION PROGRAMMES: SOCIAL AND BEHAVIOUR

CHANGE PROGRAMMES

Activity	Indicator
Conduct social and behaviour change programmes	Number of Youth graduating from YOLO
	Number of people reached through Community Capacity Enhancement
	Number of Boys reached through Boys Championing Change Programme
	Number of families reached through Families Matter! Programme
	Number of Traditional Leaders reached through "The Rock" Traditional Leaders Programme
	Number of men Reached through Men Championing Change Programme
	Number of children reached through Chommy
	Number of people reached through Ke Moja
	Number of Women reached through Zazi
	Number of Caregivers and their children reached through Lets' Talk
	Number of people reached through Community Capacity Enhancement

TARGET GROUP

- Children affected and those infected by HIV and AIDS AND TB
- Youth affected and those infected by HIV and AIDS AND TB
- Adults affected and those infected by HIV and AIDS AND TB
- Families with individuals affected by other chronic conditions.
- Older persons
- Child-Headed Households
- Youth Headed Households
- Youth
- Young women
- People With Disabilities
- Granny headed households.

KEY POPULATION

- Adolescent Girls and Young Women
- People Who Inject Drugs
- People Living with HIV
- Farm workers
- Truck Drivers
- Sex workers
- Men Having sex with Men.
- LGBTQI+A community